

Beat Feet Triathlon

BICYCLE INSPECTION SHEET

Please have your bike inspected by a certified bike shop.
Bring this form with you to the safety check.

Mathieu's Cycle is offering free inspections to all Beat Feet racers, although you will be responsible for any repair costs that are needed.

Mathieu's Cycle & Fitness Store: 20 Main Street, Oakland, Maine - Ph: (207)465-7564

Triathlete's Name:
(First) (M.I.) (Last)

Bicycle Make and Model:

Steering:

- ☐ Stem bolt tight
- ☐ Levers and shifters attached
- ☐ Grips tape and end plugs okay
- ☐ Headset adjustment okay
- ☐ Cables and housing inspected

Wheels And Brakes:

- ☐ Wheel secure in dropout
- ☐ Bearings adjusted properly
- ☐ Tire inflated and checked for seating and wear
- ☐ Wheels true, round and tensioned
- ☐ Breaks adjusted
- ☐ Brakes centered

Bottom Bracket:

- ☐ Bearings adjusted
- ☐ Crank bolt tight
- ☐ Pedals secure and adjusted

Shifting:

- ☐ Chain checked
- ☐ Derailleur adjusted
- ☐ Shifting okay
- ☐ Frames and welds checked
- ☐ Seat rail and attachment checked

Inspector Name: _____

PASS: _____ **FAIL:** _____